



## Strathkinness Community Trust

# Community Garden – Health & Safety Guidance Notes

**Please enjoy your visit and observe the following conditions**

Members and visitors are welcome to visit and work in the garden but are reminded that they do so entirely at their own risk.

We want you to stay safe and enjoy your visit and ask that you please observe the following precautions.

- Minors, 12 years old and under should be accompanied and supervised by an adult at all times.
- Please wear appropriate clothing when working in the garden including gloves, sensible footwear and eye protection when necessary.
- A first aid box and eye wash station are located in Iain's shed for emergencies. Please inform the Trust of any injuries or shortages of medical emergency items.
- Paths and open ground in the garden may be uneven or muddy please take care to avoid slips, trips and falls.
- Fruit trees are trained with low hanging branches to encourage fruiting and aid harvesting. Please take care



## Strathkinness Community Trust

when accessing the orchard to avoid injury to eyes, head or face.

- The watering system is an integral part of the garden with large tanks, open stored water tanks and hose pipes. Please take care when accessing areas where these may be a hazard.
- Please be aware that there may be activities which involve on-going maintenance and work in progress. Please avoid or take extra care in these areas
- Tools are provided for users of the garden. Please be aware that all tools, especially hand tools will be sharp. Wear gloves and avoid cuts and bruises
- Power tools and some specialist tools are restricted for use only by the garden maintenance group.
- Where ever possible, normal garden work and fruit picking should be carried out from ground level. A specialist safety ladder is available for use only by competent users
- Please let someone know of your whereabouts if you expect to be working alone in the garden.
- If lifting heavy or bulky items observe good manual handling and seek help if possible.



## Strathkinness Community Trust

- Be aware of falling, or sustaining an injury when working in the glasshouse area and report any issues of broken glass or damage to the greenhouses.
- Young children must be closely supervised at all times when entering the glasshouse area
- If you leave the garden unattended, please ensure that the watering system is turned off and that sheds and garden are secure.
- If you observe anything which affects your safety or the safety of other users or impacts badly on the well-being of the garden. Please report this to Strathkinness Community Trust at [strathkinnesscommunitytrust@gmail.com](mailto:strathkinnesscommunitytrust@gmail.com)

The work of Strathkinness Community Trust is to provide members, villagers and visitors with a fulfilling experience where there is shared learning, communal enjoyment and an overall feeling of well-being and belonging.

There is an abundance of experience and advice available from members of the Trust and we want all those who use our facilities to benefit from their time in the garden.



## Strathkinness Community Trust

We welcome your feedback both good and not so good so please do get involved and contact us at [strathkinnesscommunitytrust@gmail.com](mailto:strathkinnesscommunitytrust@gmail.com) or speak to one of our members.

[Other important Health and Safety documents are available on the Community Council Website at https://www.strathkinnesscommunity.org.uk/](https://www.strathkinnesscommunity.org.uk/)